

# STARTT Pitching

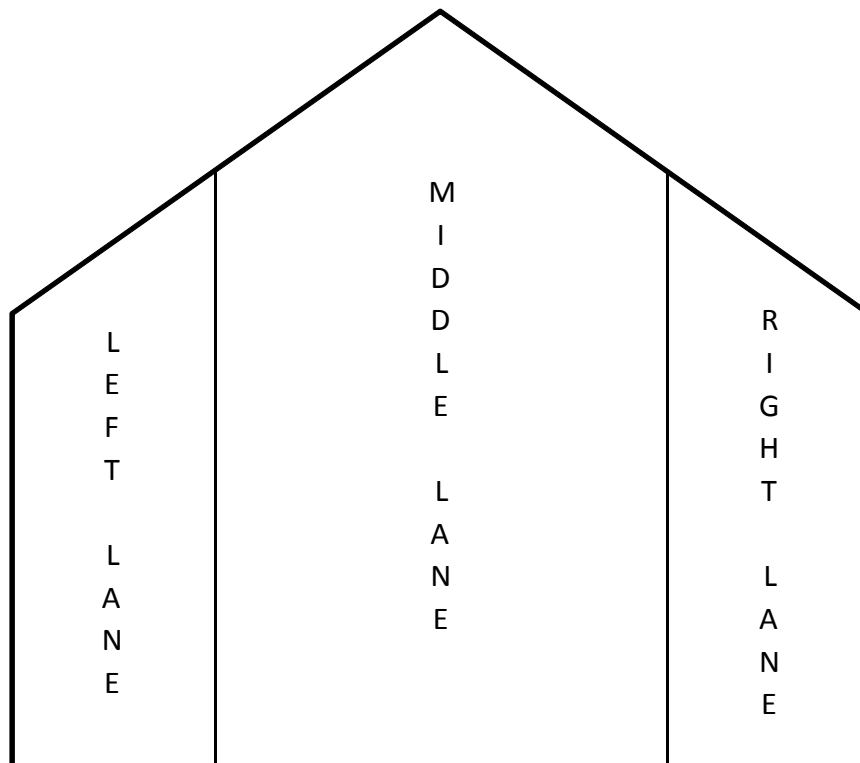
## Strike Zone Visualization Chart

Changing Lanes, Changing Planes & Changing Speeds

1	2	3
Upper Plane		
4	5	6
Middle Plane		
7	8	9
Lower Plane		

STRIKE ZONE PLANES

Fold Here



Home Plate Lanes

